

Housing and Program Resources

Agency - Program	What is offered	Contact
Housing and Support - Adults		
Aboriginal Friendship Centre	Outreach & cultural reconnection for Aboriginals	403-270-7379 or SORCe info@afccalgary.org
Aboriginal Friendship Centre	Housing with support for Aboriginals	403-270-7379 or SORCe info@afccalgary.org
Accessible Housing Society - Bridge to Home	Housing with support for persons with physical disabilities	403-282-1872 info@accessiblehousing.ca
Accessible Housing Society - Newbridge	Housing with support for persons with physical disabilities	403-282-1872 info@accessiblehousing.ca
Alpha House - Case Management	Housing & addiction recovery support	403-234-7388 or SORCe office
Alpha House - Veterans	Place based housing & addiction recovery support for Veterans only	403-234-7388 or SORCe office
Alpha House - Permanent Supportive Housing Community	Scattered site housing & addiction recovery support	403-805-7388 or SORCe office info@alphahousecalgary.com
Alpha House - Harm Reduction Building	Place based housing & addiction recovery support	403-234-7388 or SORCe office
Alpha House Transitional Beds	Short term addicton recovery support	403-234-7388 ext. 2
Alpha House - DOAP Team Outreach	Outreach support for people on the street	403-998-7388 adam@alphahousecalgary.com
Calgary Dream Centre - Community Housing	Long-term solution for those escaping homelessness and addiction with supports	403-243-5598 info@calgarydreamcentre.com
Calgary Housing Company	Housing for low to moderate income singles and families - extensive wait list	587-390-1200 or calgaryhousingcompany.org
Calgary John Howard Society - Adult Reintegration	Housing with moderate/high support for adults existing in the justice system	403-266-4566 or SORCe info@cjhs.ca
CUPS - Key Case Management	Housing with support for chronically homeless singles	403-221-8780 or SORCe info@cupscalgary.com
CUPS - Inclusive Housing	Support for chronically homeless singles	403-221-8780 or SORCe info@cupscalgary.com
CUPS - Grad Rent Program	Rental subsidy and light support for those who have graduated from the housing first program	403-221-8780 or SORCe info@cupscalgary.com
Kerby Centre (Seniors 60+)	Support for seniors including a housing registry	403-265-0661 generaloffice@kerbycentre.com
The Alex - Home Base	Housing with a high level of supports	403-266-8881 or SORCe pathwaystohousing@thealex.ca
The Alex - Abbeydale	Housing with support for individuals with physical and mental health concerns	403-266-8881 or SORCe pathwaystohousing@thealex.ca
The Alex - Pathways to Housing	Housing with supports for those with chronic health, and mental health diagnosis	403-266-8881 or SORCe pathwaystohousing@thealex.ca
Calgary Drop In & Rehab Centre - HWIS	Housing with supports for chronically homeless singles	403-266-3600 info@calgarydropin.ca

The Mustard Seed - After Care	Housing with moderate to high support	(403) 767-2427 or SORCe info@theseed.ca
The Mustard Seed - Allied Community Restorative Health (ARCH)	Housing with support for single with significant health issues	403-269-1319 or SORCe info@theseed.ca

Housing and Support - Men Only		
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Calgary Alternative Support Services - Langin Place	Housing with support for men with mental health and/or addictions	403-237-5435
Calgary Dream Centre - Transitional Housing	Transitional housing for men while working toward recovery. Case manager and additional supports - meals and basic toiletries provided	403-243-5598 info@calgarydreamcentre.com
Calgary Keys to Recovery	Housing with support with commitment to sobriety	211 or SORCe
Oxford House	Transitional long-term housing with peer support to individuals with a commitment to sobriety	403-287-8771 support@oxfordhouse.ca
Oxford House - Aboriginal	Outreach, cultural reconnection and housing placement support for Aboriginal men with a commitment to sobriety	403-287-8771 support@oxfordhouse.ca
Salvation Army - Centre of Hope	Short-term housing for men under 65	403-410-1111 info@salvationarmycalgary.org
Victory Foundation - Men	Sober living for single men with support	403-264-0598 info@victoryfoundation.ca

Housing and Support - Women Only		
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Alpha House - Housing for Women	Scattered Site Housing & addiction recovery support	403-805-7388 or SORCe office info@alphahousecalgary.com
Calgary Keys to Recovery	Housing with support with commitment to sobriety	211 or SORCe
Oxford House	Transitional long-term housing with peer support to individuals with a commitment to sobriety	403-287-8771 support@oxfordhouse.ca
Oxford House - Aboriginal Women	Outreach, cultural reconnection and housing placement support for Aboriginal men with a commitment to sobriety	403-287-8771 support@oxfordhouse.ca
RESET	Program support & short-term housing for women 16+ involved in sexual exploitation	403-918-7311 reception@resetcalgary.ca
Salvation Army - WISH	Group home for women homeless or displaced	403-410-1111 info@salvationarmycalgary.org
Sonshine Centre	Help for women with/without children who experienced family violence, with short-term low-cost housing	403-243-2002 info@sonshine.ca
Victory Foundation - Women	Sober living for single women with support	403-264-0598 info@victoryfoundation.ca
YWCA - Community Housing	Permanent supportive housing with support for women over 18 years	403-263-1550 or SORCe ywca@ywcalgary.ca

YWCA - Transitional Housing	Short-term housing with support for women in crisis	403-263-1550 ywca@ywcalgary.ca
Housing and Support - Families		
Aboriginal Friendship Centre	Outreach & cultural reconnection for Aboriginal singles and families	403-270-7379 or SORCe info@afccalgary.org
Aspen - Home Stay	Homelessness prevention services	403-219-3477 ext. 177 bearly@aspenfamily.org
Aspen - Sustainable Families	Homelessness housing with intensive support	403-219-3477 or SORCe aspenfamily@aspenfamily.org
Children's Cottage - Brenda's House	Rapid re-housing & housing with intensive supports for mid/high acuity families	403-242-8575 ext. 0 admin@childrencottage.ab.ca
CUPS - Outreach	Basic needs & crisis support for families or individuals	403-221-8780 or SORCe info@cupscalgary.com
CUPS - Housing & Supports	Short-term housing with low support	403-221-8780 or SORCe info@cupscalgary.com
Inn From the Cold - New Journeys	Rapid re-housing services for families needing short term support	403-263-8384 info@innfromthecold.org
Inn From the Cold - Family Support Programs	Housing location with support for families who have experienced homelessness case management support	403-263-8384 info@innfromthecold.org
Metis Calgary Family Services - Rainbow Lodge	Permanent supportive housing for Aboriginal families	403-240-4642 ext. 400

Housing and Support - Women with Children		
Brenda Strafford - Affordable Housing	Leases available for up to two years for women & children previously impacted by domestic violence	403-270-7240 centre@brendastraffordsociety.org
Discovery House - Community Housing Program	Help for women and children transitioning from shelter to second stage support	403-670-0467 shelter@discoveryhouse.ca
Sonshine Centre	Help for women with/without children who experienced family violence, with short-term low-cost housing	403-243-2002 info@sonshine.ca
Victory Foundation - Women with children	Sober living for single women with children with support	403-264-0598 info@victoryfoundation.ca

Housing and Support - Youth		
Boys & Girls Club - HOPE centralized Referral Service	24/7 Phone line to connect youth under 24 years old with supports for housing, employment, basic needs, family support, education & community connection	403-828-HOPE (4673) hope@bgcc.ab.ca
Hull - Bridging the Gap	Mental health supports for youth 16-24	403-216-0660 mwise@hullservices.ca
John Howard Society - Roofs for Youth - Raido House	Eight bedroom house for youth ages 15-18 24/7 on-site support	403-266-4566 or SORCe info@cjhs.ca

John Howard Society - Roofs for Youth - Scattered-site	Independent housing throughout Calgary for youth ages 15-24 w/case management	403-266-4566 or SORCe info@cjhs.ca
John Howard Society - Roofs for Youth - Windsor Park	Nine bedroom house for youth ages 18-24 24/7 on-site support	403-266-4566 or SORCe info@cjhs.ca
McMan - Hope Homes Aboriginal	Housing with support for Aboriginal youth 15-24	403-508-7756 calgary@mcmancalgary.ca
McMan - Hope Homes	Housing support for homeless youth 15-24, who are in the process of completing high school and are without child welfare status	403-508-7756 calgary@mcmancalgary.ca
McMan - Wellington Place	Short-term group housing with support for youth 16-24	403-508-7756 calgary@mcmancalgary.ca
Wood's Homes Society - New Horizon	Housing with support for youth 18-24	403-452-7091

Shelters		
Alpha House - Shelter	24/hour shelter for adult men & women under the influence	403-234-7388 ext. 1 dianed@alpjahousecalgary.com
Awo Taan Healing Lodge	Emergency Shelter (up to 21 days) for women fleeing violence with/without children	403-531-1972 or 403-531-1976
Boys & Girls Club - Avenue 15	Short-term crisis shelter for youth 12-17	403-543-9651 unity@bgcc.ab.ca
Boys & Girls Club Safe House	Shelter for youth 15-18 with Child Welfare Status	403-269-1997
Brenda's House	Emergency shelter for families and single, pregnant females	403-242-8575 ext. 0 admin@childrenscottage.ab.ca
Brenda Strafford Centre - Residential Program	Second stage shelter for women and children	403-270-7240
Calgary Drop In & Rehab Centre	Shelter services & support programs for men and women	403-263-3600
Children's Cottage - Brenda's House - Crisis Nursery	Childcare for children 0-8 in times of family crisis - maximum 3 days	403-233-CARE (2273)
Calgary Women's Emergency Shelter	Emergency Shelter for women fleeing violence, with or without children	403-234-SAFE (7233) info@cwes.ca
Inn From the Cold	Emergency shelter for families and single, pregnant females	403-263-8384 info@innfromthecold.org
Kerby Rotary Shelter (Seniors 55+)	Seniors 55+ fleeing elder abuse (physical, psychological, financial, emotional and sexual abuse)	403-705-3250 (24 hour crisis line) generaloffice@kerbycentre.com
Mustard Seed Shelter	Emergency shelter for men & women, intake starts at 5:30 pm	403-723-9422 info@theseed.ca
Salvation Army - Centre of Hope	Emergency shelter for men under 65	403-410-1111 info@salvationarmycalgary.org
Victory Foundation - Eastside	Transitional housing for men, women and families	403-264-0598 info@victoryfoundation.ca
Wood's Homes -Exit Youth Shelter	Short-term shelter – emergency beds for youth 12-17 temporary stay	403-509-2323 or 587-315-5000 (text)
YWCA - Sheriff King Home	Emergency shelter for women fleeing violence, with or without children	403-266-0707 ywca@ywcalgary.ca

Addictions Recovery Support		
Alpha House - Detox Centre	Detoxification services for adult men & women wanting help withdrawing from alcohol and/or drugs	403-234-7388 ext. 2 detox@alphahousecalgary.com
Aventa Addiction Treatment Women	Addictions treatment for women	403-245-9050 info@aventa.org
Fresh Start Recovery Centre	Addictions treatment, support & shelter for adult men	403-387-6266 or 1-844-768-6266 info@freshstartrecovery.ca
Oxford House	Outreach & short-term housing with support for adults recovering from addiction	403-287-8771 support@oxfordhouse.ca
Recovery Acres - 1835 House	Substance abuse treatment for adult men	403-245-1196 info@recoveryacres.org
Recovery Acres - CARE	Substance abuse treatment for adult women	403-229-0795 info@recoveryacres.org
Renfrew Recovery	24-hour detoxification centre for men & women	403-297-3337
Simon House Residence Society	Substance abuse treatment & transitional housing for adult men	403-247-5050
Sunrise Healing Lodge - Native Addictions Services	Substance abuse treatment for indigenous adults	403-261-7921 nassgeneral@nass.ca
Alcove Recovery Residence for Women	Services for women with addictions, experiences of abuse and mental health distress	403-984-2707 intake@alcoverrecovery.net

General Inquiries		
Calgary 211	24-hour line provides info on Government and non-profit resources in Calgar	211
Distress Centre	24-hour crisis support & access to information and counselling	403-266-HELP (4357) help@distresscentre.com
Distress Center - Teen Support	24-hour peer support & online chat	403-264-TEEN (8336) or 587-333-2724 (Text)
Kids Help Phone	24-hour crisis support text line	Text HOME to 686868
Safe Communities Opportunity and Resource Centre or SORCe	Location where people can access programs & services that address their current situation. City Hall LRT platform 316 7th Ave SE - open Mon. through Fri. 8:30 to 4:30	316 7th Ave SE
Suicide Prevention Line	Toll-free 24-hour support line	1-800-456-4566 or TEXT 45645

Last Updated: August 26, 2019