



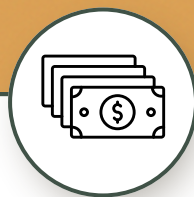
Financial Tools & Supports

Momentum



Free budgeting workshops,
financial coaching, and
savings programs.
403-272-9323
momentum.org

Money Mentors



Debt help, budgeting tools,
and credit counselling.
1-888-294-0076
moneymentors.ca

Fair Entry



Access to:
Discounted Transit Pass
Recreation Fee Assistance
311

211 Alberta



Free, 24/7 access to help
finding food, budgeting
supports, emergency financial
help.
211

Canada Benefits



Canada Benefits Finder
See what federal supports
you qualify for (GST Credit,
Canada Child Benefit,
Workers Benefit).
canada.ca/benefits

FCAC



Online Budget Planner:
[Budget Planner Tool](#)
Financial Literacy Resources:
canada.ca/financial-tools

Calgary Food Bank



Emergency food hampers
and referral services.
403-253-2055 |
calgaryfoodbank.com

The Alex



Affordable meals and
community cooking
programs.
403-455-5792 |
thealexcfc.ca

Fresh Routes



Low-cost fruits and veggies
at various Calgary locations.
Find the schedule:
freshroutes.ca

Closer to Home



Parenting resources, youth
programs, and family support.
403-543-0550 |
clostertohome.com